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A Campus of Arizona Community Specialists
HESS, SANDEEN & LEE
PLASTIC SURGERY

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Top surgery requirements

- 1) Minimum age of 19**
- 2) Have lived openly as your preferred gender for at least one year**
- 3) If you are on hormone therapy, you need to have been on hormones for at least a year**
- 4) We require a letter of support from a licensed mental health professional with expertise in transgender health. This must be dated within the last six months. This must be on letterhead. Refer to the SAGA website for an appropriate example letter**
- 5) BMI must be under 35**
- 6) You must be completely off all forms of nicotine for a minimum of 4 weeks prior to surgery**

**Once you have met these requirements then we can schedule at
520-297-3300**